

What is a medicine record book?

- It is a **record of your medical history**. You can use it at any medical institutions, including drugstores. You can also record your allergy, side effect and past history. And we use it to check duplicate medication, drug interaction, adverse reactions, etc.
- What is important is to keep it with you at all time because it will be very useful when you **encounter emergencies or a disaster**, or when you go on a trip. In this way, anyone can see which meds you might need or you shouldn't take.
- The handbook is distributed **FREE** of charge at pharmacies. If you show your handbook at our pharmacy with your prescription, **your payment will be a little cheaper**. The fee ranges from about 10 to 40 yen according to your insurance.



What are generic drugs?

- Generic drugs have the **same active ingredient, strength and route of administration** as brand-name drugs.
- Moreover, they are cheaper than brand-name drugs but the low price doesn't mean they are inferior, but because the patent protection period on active ingredients has expired.
- Some of the generic products, especially children's powdered medicines, are **easier to swallow** as the generic drugs are more soluble or doesn't taste bitter.



*All generic medicines have been approved by the Japanese ministry of Health, Labor, and Welfare.

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